**Early Parenting Attitudes Questionnaire (EPAQ)**

How much do you agree with the following statements regarding infants and young children?

**Do Not Agree 0 1 2 3 4 5 6 Strongly Agree**

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| 1.    Parents do not need to worry if their child misbehaves a lot. |
| 2.    Too much affection, such as hugging and kissing, can make a child weak. |
| 3.    It is good to let children explore and experiment. |
| 4.    It is very important that there are consequences when a child breaks a rule, big or small. |
| 5.    Parents can prepare young children to succeed in school by teaching them things, such as shapes and numbers. |
| 6.    It is okay if young children boss around their caregivers. |
| 7.   It’s important for parents to help children learn to deal with their emotions. |
| 8.    A child who has close bonds with his or her parents will have better relationships later on in life. |
| 9.    Parents can help babies learn language by talking to them. |
| 10. Children don’t need to learn about numbers and math until they go to school. |
| 11. Parents should not try to calm a child who is upset, it is better to let children calm themselves. |
| 12. Children and parents do not need to feel emotionally close as long as children are kept safe. |
| 13. Reading books to children is not helpful if they have not yet learned to speak. |
| 14. It is not helpful to explain the reasons for rules to young children because they won’t understand. |
| 15. It is very important that children learn to respect adults, such as parents and teachers. |
| 16. Children should be comforted when they are scared or unhappy. |
| 17. Young children should be allowed to make their own decisions, like what to play with and when to eat. |
| 18. It is okay if children see adults as equals rather than viewing them with respect. |
| 19. Children who receive too much attention from their parents become spoiled. |
| 20. Children should be grateful to their parents. |
| 21. Babies can learn a lot just by playing. |
| 22. Babies can’t learn about the world until they learn to speak. |
| 23. It is very important for young children to do as they are told, for example, waiting when they are told to wait. |
| 24. Parents should pay attention to what their child likes and dislikes. |